

On Friday, March 1, 2013, Arlington Optimist <aroptimist@gmail.com> wrote:

February 28, 2013

<http://www.oiarlington.org>

The Optimist Monthly

Friend of Youth

Upcoming Events

MARCH

3/06: Commissioning the USS

Arlington. The USS Arlington commemorates the 9/11 terrorists attack on the Pentagon. Our speaker is Francis O'Leary, Arlington staff member. Thank you, Conley Ricker, for arranging this. 12:15 at WGCC.

3/13: Arlington Optimist Board Meeting.

The major focus of the meeting will be to review changes to the club's Bylaws that are being proposed by our Bylaws Committee, chaired by Greg Clough. The discussion of the proposed changes will be led by Richard Knight. Open to all members. 7:00 pm at



Last Month's Events

2/06: How is Your New Year's

Resolution Doing?

Dr. Denise Bruner, Arlington physician who specializes in diets, helped us get back on track with ours! Among other advice, she urged us to "know our

Madison Community Center.

3/20: How Can I Help My Friends Realize Their Value? This year's winners of the Optimist Essay Contest will read their essays. Our sincere thanks to Erica Burson, who again this year has been our club's manager of this important Optimist International program. She will be introducing these amazing high school student winners, Be sure to attend and be prepared to be inspired. 12:15 at WGCC.

3/27: Cocktail Meet and Greet for Prospective Members. 5:00 to 7:00 pm at Curious Grape (2900 S. Quincy St.).

APRIL

4/03: Getting to Know Each Other. This luncheon will focus on sharing special experiences with each other in a semi-game format. This is a real opportunity for the newer members to increase their relationships with the older members. 12:15 at WGCC.

numbers," not just our cholesterol, but other indicators, such as our body fat. She also recommended that we make only one dietary change at a time. Thank you, Al Pierce for providing this speaker.

2/20: Slaying the Tax Dragon.

Seasoned tax professional James A. McCory gave us insights on the IRS audit tactics. He told us that among his clients who received IRS audit letters, less than 20 percent actually owed the IRS any

4/10: Arlington Optimist Board Meeting.
Agenda not yet determined. Open to all members. 7:00 pm at Madison Community Center.

4/17: Organizing Your Financial Life.
Steve Cassaday, Founder, President and CEO of the wealth management company Cassady and Company (McLean, VA), makes order out of what many of us can be termed chaos. 12:15 at WGCC.

NEW APPLICANT

Ned Thomas has submitted an application to join our club. Ned's daughter, Chrissy, is a member of the Optimist Acorns Rifle Team. She has received a partial scholarship to Ohio State for its rifle team. Congratulations!

Photo of 2/20 luncheon speaker James McCorry, who was invited by Yvonne Pover:

money. Thank you, Yvonne Pover, for arranging this timely speaker.

2/23-24. Capital-Virginia District Meeting. Tricia O'Hara once again ably represented our Club at an Optimist quarterly District meeting. She will present an informal report to us at the March 6 luncheon.



Arlington Optimist Club 16-005Mid-Atlantic Region 3
Capital- Virginia
District 16
Northern Virginia Zone 4
Arlington Optimist Club 005