

On Sat, Feb 2, 2013 at 5:23 PM, Arlington Optimist <[aroptimist@gmail.com](mailto:aroptimist@gmail.com)> wrote:

January 31, 2013 / January 2012

<http://www.oiarlington.org>

# The Optimist Monthly

## Friend of Youth

### Upcoming Events

#### February

#### 2/06: How is Your New Year's Resolution

Doing? Dr. Denise Bruner, Arlington physician who specializes in diets, will help us get back on track with ours!

Thank you Al Pierce for providing this speaker. 12:15 at WGCC.

#### 2/13: Arlington Optimist Board Meeting.

The major focus of the meeting will be to review the proposed changes to the club's Bylaws that have been prepared by our Bylaws Committee, chaired by Greg Clough. The discussion of the proposed changes will be led by Richard Knight. Open to all members. 7:00 pm at Madison Community Center.



#### JANUARY EVENTS

#### 1/02: Advertising / Networking Day: .

For those of you could not attend the annual luncheon at Thirsty Bernie's, this event was full of comradeship, good food, and the opportunity to

**2/20: Slaying the Tax Dragon.** Tax professional James A. McCory will update us on recent tax changes. Thank you, Yvonne, for arranging this timely speaker. 12:15 at WGCC.

**2/27: Cocktail Meet and Greet for Prospective Members.** 5:00 to 7:00 pm at Willow on Fairfax Drive.

**March**

**3/06: Commissioning the USS Arlington.**  
This ship commemorates the 9/11 terrorists attack on the Pentagon. Presentation by Francis O'Toole, Arlington staff member. Thank you, Conley Ricker, for arranging this important program. 12:15 at WGCC.

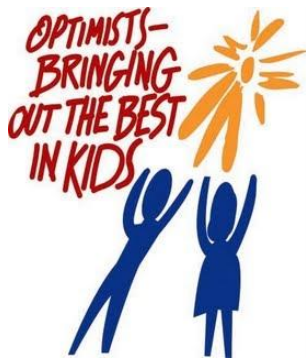
**3/13: Arlington Optimist Board Meeting.**  
Open to all members. 7:00 pm at Madison Community Center.

introduce ourselves to several potential members.

**1/09: Optimist Board Meeting.**

Among other items, the Board voted to re-institute the monthly meet-and-greet cocktail hour. The rules settled on by the Board were similar to the rules used by our sister clubs: the club will pay for the first glass of wine or beer for attendees and provide a reasonable level

**3/20: How Can I Help My Friends Realize Their Value?** This year's winners of the Optimist Essay Contest will read their essays. Our sincere thanks to Erica Burson, who again this year has been our club's manager of this important Optimist International program. She will be introducing these amazing high school student winners, whose essays were read and evaluated by non-Optimists, as required by OI. Be sure to attend and be prepared to be inspired. 12:15 at WGCC.



of appetizers.

**1/16: Life, the Greatest Gift: Don't Take Your Organs to Heaven.** Fellow Optimist Jim Laughlin told his story of a serious medical problem not found until he was overseas in Europe. He advised all of us to see medical attention as soon as you become aware of serious indications of failing health. He also told us that having a donor symbol on your drivers license is

not enough. You must have pre-arranged authority for your emergency contact to approve the donation of your organs to benefit others. He noted that age is not necessarily an arbitrary ceiling for such donations.

1/23: Meet and Greet Prospective Members. This casual event at Willow during cocktail hour, which was in line with the Board's 1/09 rules,

**produced a firm  
"yes" from one  
lady and a firm  
"probably" from  
one man. Way to  
go!**

Arlington Optimist Club 16-005  
Mid-Atlantic Region 3  
Capital- Virginia  
District 16  
Northern Virginia Zone 4  
Arlington Optimist Club 005