

November 27, 2013

<http://www.oiarlington.org>

# **The Optimist Monthly**

## **Friend of Youth**

# Upcoming Events

## December

12/04: Arlington Magazine: Greg Hamilton, this new (Oct. 2011) magazine's publisher and co-founder. WGCC: 12:15.

12/10: Last Load of Christmas Trees Arrives: Tree lot: 8:00 am.

12/10: Optimist Board Meeting. Madison Comm. Center: 6:30 pm.

12/18: Christmas Breakfast: Our guest speaker will be Master Chief Mark Allen, to discuss the USCG Reserve Force and his memories of past local disasters, such as 9/11. Also, the Yorktown Madrigals will sing their Holiday favorites. WGCC at 7:30 am.

## Christmas Tree Lot

The Christmas Tree lot, which opens Saturday, November 30 at our



## November Highlights

11/06: Staying fit for the Holidays: Nelson Mendes, personal trainer and owner of the Live Fit Arlington Gym at his home on George Mason Drive, gave us many tips on weight control through diet and exercise. Thank you, Ann Cronin, for inviting Nelson to speak to us.



historic parking at Lee & Glebe, is again being managed skillfully by Sandy Bushue. She has sent all members the lot schedule and has asked those members who are not able to work at the lot this year to stop by and drop off cookies and beverages for the volunteers. In that regard, Barbara Nicastro has again sought out and coordinated a HOST of volunteers, coordinating with John Karinshak, who has been working with Babe Ruth Baseball and the local high school hockey coaches, so that there will be enough volunteers to provide most of the hard labor during sales hours.

We all need to thank JB Whitlow for once again building the lot frames with help from his elves, including Brian Kellenberger, John Karinshak, Dick McHugh, John Farina, Greg Clough, and Whiz Mountain.

Two truck-loads of Christmas trees were unloaded in the rain on Tuesday (11/26). *[See photo, below, of Sandy, Barbara, Richard Knight,*

11/20: The Arlington Inter-Service Club Council luncheon. The speaker was Dr. Matthew Shank, president of Marymount University (who spoke to us a number of months ago). The award for the Arlington Woman of the Year was given to our own recent president, Brig Pari (who was nominated by the Better Sports Club)! Our Club had a respectable showing at the luncheon, with over a dozen of our members attending.

### **New Member Applicant!**

Matt hew Kuhns, who works at Cardinal Bank in Arlington, has applied for membership with the Arlington Optimist Club. Thank you, JB Whitlow, for sponsoring this potential member! A Board vote on Matt will occur two weeks after this announcement.

Optimist Brochures Now Available! The Arlington Optimist Club has full-color,

*and Brian between truckloads].*

Although Sandy, Brian, Greg, and John Karinshak unloaded the trees



with the best of them (with other Optimist elves helping, the job could not have been done without the contributions of the Phoenix House guys, arranged for us again this year by Richard Knight. [See group photo, below].

Barbara Nicastro provides this link to a great story and photos of the unloading in the Sun Gazette:  
[http://www.sungazette.net/arlington/news/optimist-club-sees-chance-for-record-breaking-sale-of-christmas/article\\_5368179e-5761-11e3-b3d5-001a4bcf887a.html](http://www.sungazette.net/arlington/news/optimist-club-sees-chance-for-record-breaking-sale-of-christmas/article_5368179e-5761-11e3-b3d5-001a4bcf887a.html).

updated brochures to help advertize our presence. The brochures will be handed to each Christmas tree purchaser and additional copies will be available for other Optimist events and for guests at our luncheons. Our thanks to Mark Whitenton for creating the brochure's content and to Yvonne Pover for her professional design.

**Happy Thanksgiving!**



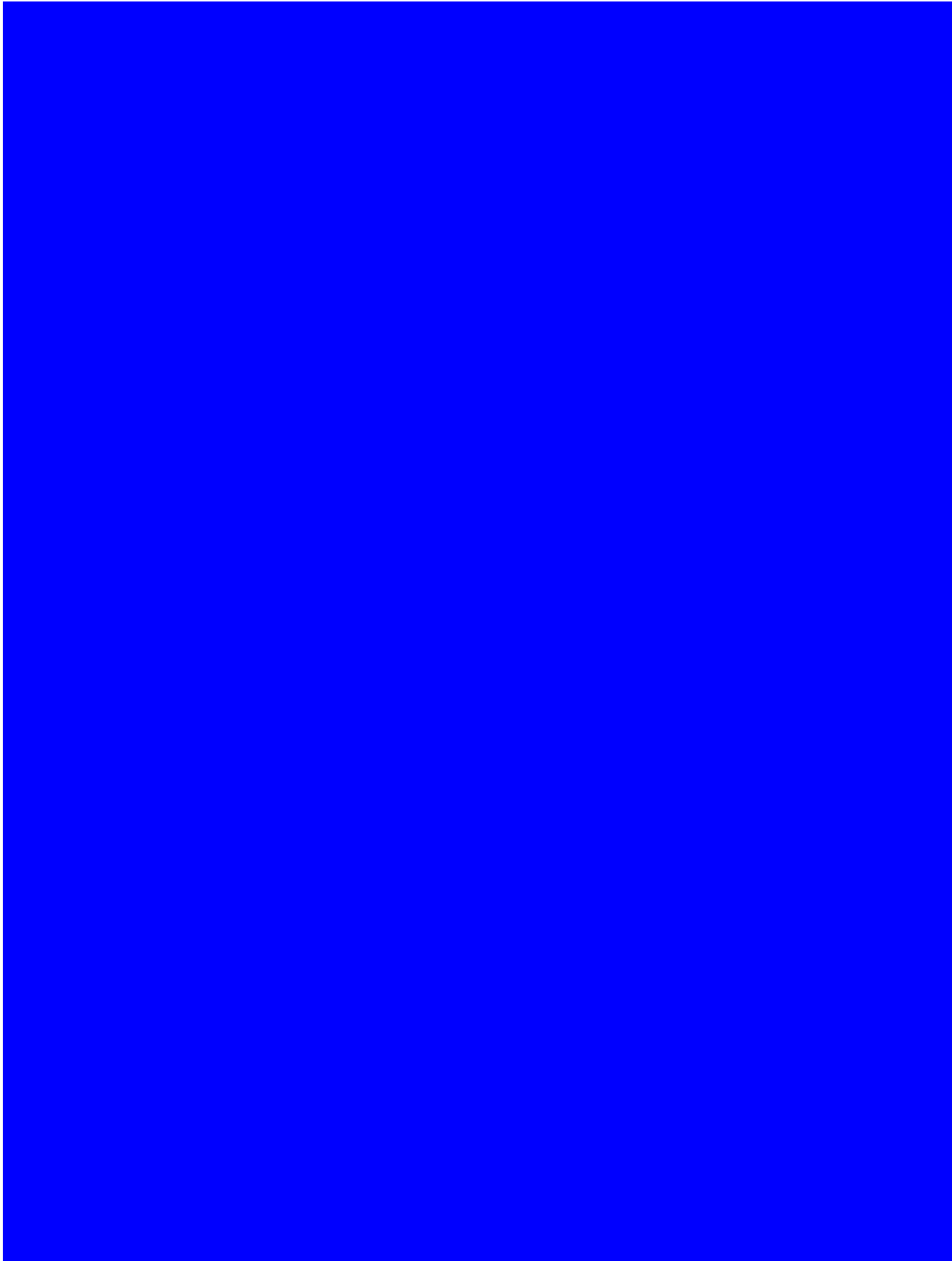
Arlington Optimist Club 16-005Mid-Atlantic Region 3  
Capital- Virginia  
District 16  
Northern Virginia Zone 4  
Arlington Optimist Club 005

Tree unloading volunteers on November 26, including the enormously helpful Phoenix House guys arranged for by Richard Knight:



*Photo by Scott McCaffrey, [Sun Gazette](#)*





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