

February 28, 2017

www.optimistclubofarlingtonva.org

The Optimist Monthly

Friend of Youth

Upcoming Events

March

3:01: Joe Urschel, reporter, author, and a "founding father" of the Newseum. Thank you, Jim Norris, for inviting him. WGCC from 12:15 to 1:30.

3/15: Truth in Advertising -- a Novel Approach: Matt White, Chairman and CEO of White64, will explain his company's fresh approach to successful advertising. Thank you, Mark Zetlin, for inviting him. WGCC 12:15 to 1:30.

3/22: Meet 'n' Greet: Please join other Optimists and potential members during Happy Hour at the Westin Arlington Gateway, 801 N. Glebe Rd. from 6:00-7:30.



February

2/01: Update on the Arlington County Board. John Vihstadt, County Board Member, gave us his take on the Board's upcoming business.



Thank you, Sue Gartner, for working with John and his busy schedule to make this happen, and for giving John such a eloquent introduction, as seen in this photo of Sue, below.

April

4/05: Training Future Leaders:

Lisa Fikes, Director of Volunteer Arlington at the Leadership Center for Excellence, will explain the group's mission. Thank you, **Mark Zetlin**, for asking Lisa to speak to us. WGCC from 12:15 to 1:30.

4/19: Either the Essay or Oratorical Contest Awards luncheon. Stay tuned! WGCC from 12:15 to 1:30.

4/26: Meet 'n' Greet : Once again at the fabulous Westin Arlington Gateway, 801 N. Glebe Rd. From 6:00-7:30.

May

5/03: Four Strategies to Overcome Stress and Anxiety in Your Life. Speaker Brian R. McDonald, PhD., will give us (for free) his extraordinary lecture. Thank you, **Stephen**



In addition, **Mark Zetlin**, who sponsored her, inducted **Erin Mendenhall**. See photo below.



2/15: Arlington Neighborhood Village. President Anita Wallgren briefed on the many activities ANV undertakes to provide assistance to over-55 individuals in Arlington County. These activities include providing transportation, doing errands and

Toth and Tricia O'Hara for donating this lecture to our Club. WGCC from 12:15 to 1:30.

Report of the Club's Quarterly Report to CapVA:

At the February 1 luncheon, Stephen Toth, (representing our president, Mark Zetlin) gave the Arlington Optimist Club First Quarter (Oct-Dec) report of the at the CapVA District Zone 4 meeting, which was held at the Fairfax County Springfield Government Center on January 28. Stephen Toth's summary follows:

"I shared the good news of our Club's programs and activities during the 1st Quarter (Oct-Dec 2016) with the CapVA District leadership and representatives of the other Zone 4 Optimist Clubs in attendance. I highlighted our membership growth and goals, the Annual Christmas Breakfast, selection of Sandy Bushue as Woman of the Year by the Inter-Service Club Council of Arlington, completion of another successful Christmas Tree Sales fundraiser led by the Optimists members and community volunteers, a luncheon program featuring

technology assistance. See Anita Wallgren's photo below.

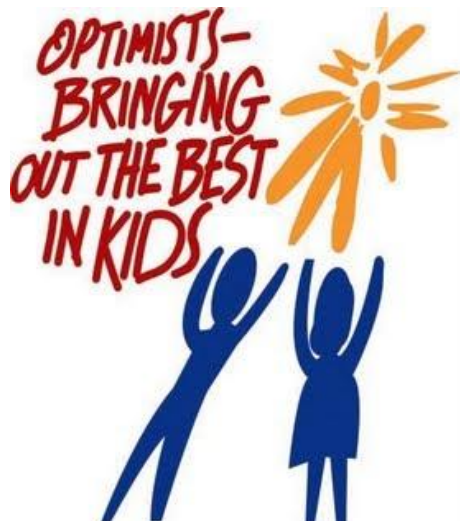


Thank you, Leigh Hurley, for arranging for Anita to tell us about her organization, and for sharing your own experiences with ANV. See Leigh Hurley's photo below.



In addition, Matt Kuhns, substituting for Mark Zetlin, inducted Jeff Englander, who was sponsored by

former Acorn Junior Rifle Club member and Olympic Gold Medalist Ginny Thrasher, public relations successes in 'telling our Optimist Club's story' to the local media, and the monthly 'Meet & Greets' with prospective members which are orchestrated by Tricia O'Hara." See Stephen Toth's photo, below.



Sandy Bushue. See photo below.



1/25: Meet 'n' Greet. This month's Meet 'n' Greet was held at its new location at the Westin Arlington Gateway. It was highly successful, being attended by no less than 11 Optimists bringing nine guests -- three of whom have already indicated that they will be joining our Club! Thank you, Tricia O'Hara, for finding this new venue and for your vigorous promotion of this important, on-going activity. Importantly, thanks to Tricia O'Hara, Sue Gartner, Sue Crow, and Erin Mendenhall for bringing prospective members as guests to this event. Please see Tricia O'Hara's photo and her list of attendees on the next page.



As provided by Tricia O'Hara along with her photo:

First Row (Left to Right): Leigh Hurley; Barbara Nicastro; Col. Shelley Bennett, Consultant (guest of Tricia O'Hara, to be joining as a FOO); Tricia O'Hara; Matthew Pascoello, Attorney, American University (guest of Tricia O'Hara, to be joining us as a Full Member); Erin Mendenhall; Angela Griffith, Attorney (guest of Sue Gartner).

Second Row (Left to Right): Matt Hurley (Leigh's husband & her guest); unidentified guest behind Shelley Bennett; Patty (guest of Sue Gartner) standing behind Tricia O'Hara); John Stamm (guest of Erin Mendenhall, whose face is blocked by Matthew); unidentified guest behind Erin Mendenhall.

Third Row (Left to Right): Brian Kellenberger; Jeff Englander; Sandy Bushue; Susan Goode (standing next to and guest of Sue Crow will be joining us as a FOO); Sue Crow; and Stephen Toth.

Mark Zetlin and Richard Knight were also present, but had to leave before the photo was taken.

**Arlington Optimist Club 16-005 Mid-Atlantic Region 3
Capital- Virginia
District 16Northern Virginia Zone 4
Arlington Optimist Club 005www.optimistclubofarlingtonva.org**